Football Medicine Strategies for Muscle & Tendon Injuries

20th-21st April, 2013 - London
The Queen Elizabeth II Conference Centre

22nd April, 2013 - Wembley Stadium
Science of Football Summit
A Conference Topic for All

The ‘Football Medicine Community’ is regularly confronted by muscle and tendon injuries to football players. In dealing with these injuries it is essential that all stakeholders are involved in the dialogue; including discussions over their prevention, diagnosis, treatment and rehabilitation.

Medical Staff
Doctors and physiotherapists at sports teams treat numerous muscular injuries per year and face constant pressures when diagnosing, estimating recovery time and mitigating against the risk of re-injury. Constant learning in this field is essential to improve the level of advice given to coaching staff.

Orthopaedic Surgeons
Orthopaedic surgeons are presented with a wide range of conditions, ranging from relatively simple cases to the most complex and debated issues in Sports Medicine. Key topics covered in this conference will therefore include chronic tendinopathies, ruptured tendons and muscle lesions.

Rehabilitation Specialists
Strength & Conditioning coaches, athletics trainers and other rehabilitation practitioners are responsible for guiding the athlete towards optimal performance via gradual and complete functional recovery programmes. Despite this period being one of the latter stages of the injury continuum, it is often susceptible to failure and should therefore be considered appropriately in order to minimise the risk of further injury.

Technical & Coaching Staff
Coaching and technical staff have the responsibility of managing athletes who compete in up to 70 matches and over 200 training sessions per year. With such a high risk of overload injuries, it is important that they are educated on the intricacies of these injuries including their prevention and proper rehabilitation.

This conference programme has been designed to promote a multidisciplinary approach where the audience can understand each topic from a number of perspectives. Muscle and tendon injuries are often managed in isolation by individual specialists, resulting in insufficient communication between all those involved in the recovery process. Many will agree that best results are achieved when a team collaborates fully integrating the collective areas of expertise.
The International Debate

A Football Medicine Community
2012’s conference confirmed that there is a strong and devoted Football Medicine family, with delegates attending from over 63 countries. It was clear that delegates shared a common desire for professional development in order to both improve the general health of the footballer and aid athletes in reaching optimal performance. The conference itself proved that such events offer opportunities to meet colleagues, discuss best practice across geographies, leagues and other sports, and share knowledge in the field of Football Medicine.

London, a Crossroad of Cultures
The recent 2012 Olympics confirmed to all that London is a truly global city, not only for Sport and Sports Medicine. Whilst this has become a reality during the course of the last century, recent events have illustrated the continued internationalisation of London and the numbers speak for themselves: over 213 different nationalities coexist in London with reciprocal respect and freedom. Once again, we will welcome delegates from all corners of the world.

FIFA’s Vision
F-MARC, FIFA’s Medical Assessment and Research Centre has “over three hundred million football players to take care of”. Through the ‘11+’ and ‘11 for Health’ programmes, F-MARC plans to deliver messages of health and injury prevention around the world. As a FIFA Medical Centre of Excellence ourselves, we are proud to support FIFA in their global mission.
CONFERENCE VENUES

FOOTBALL MEDICINE STRATEGIES FOR MUSCLE & TENDON INJURIES
The Queen Elizabeth II Conference Centre

In the very heart of London and Westminster, The QEII Conference Centre is ideally located to take advantage of everything London has to offer. Uniquely situated in the shadow of Big Ben, Westminster Abbey and the London Eye, this award-winning, purpose-built venue was also the base of Casa Italia (home of the Italian Olympic Committee) during the London Olympics.

The conference will benefit from parallel sessions, with capacities of 780 in the ‘Fleming Room’ and 450 in the ‘Churchill Auditorium’, which has even hosted the likes of Nelson Mandela.

Furthermore a communal networking area (a British Agorà) will assist in providing scientific updates to an international community. The exhibition area, situated on the third floor, will host working lunches and coffee breaks for both delegates and speakers.

THE SCIENCE OF FOOTBALL SUMMIT
Wembley Stadium

On Monday 22nd April the Conference moves to the home of English football, Wembley Stadium, for the Science of Football Summit. This world famous venue will play host to both theoretical and practical tutorials from experts in the field. Practical sessions will take place on the astroturf pitches of the Wembley complex, whilst lectures will be delivered in the stadium’s modern, purpose-built conference halls.

Coaches, fitness staff and athletic trainers will all benefit from this truly inspirational venue to debate medical and scientific issues relating to muscle and tendon injuries. Topics will be shaped by real experiences emerging from the playing field.
Scientific Programme
Saturday 20th April, 2013
The Queen Elizabeth II Conference Centre
FLEMING ROOM

9:00  Official Welcome  Ian Beasley (UK), Mike Davison (UK)

Session 1
The Landscape
Chairs: Stefano Della Villa (ITA), Michel D’Hooghe (BEL)
9:15  FIFA’s F-MARC strategies  Jiri Dvorak (SUI)
9:30  Muscle & tendon epidemiology  Jan Ekstrand (SWE)
9:45  Muscle injury prevention  Roald Bahr (NOR)
10:00  Muscle injuries: developments over the last 30 years…  Hans Wilhelm Müller-Wohlfahrt (GER)
10:15  Muscle injuries: the proposal of a new classification system  Peter Ueblacker (GER)
10:30  Discussion
11:00  Break

Session 2
Groin Pain
Chairs: Per Holmich (DEN), Damian Griffin (UK)
11:30  A clinical overview  Peter Brukner (UK)
11:45  Surgical innovation  Ulrike Muschaweck (GER)
12:00  Groin pain and the Hip Joint  Bert Mandelbaum (USA)
12:15  Does the sportsman’s hernia exist?  Chris Bradshaw (AUS)
12:30  When should a player return to full training  Bryan English (UK)
12:45  Discussion
13:15  Break

Session 3
The Hamstrings Muscle Group
Chairs: Fabrizio Margheritini (ITA), Kai Mithoefer (USA)
14:30  Experiences after 20 years in Serie A  Fabrizio Tencone (ITA)
14:45  UEFA’s study group report  Markus Walden (SWE)
15:00  The AFL study group report  John Orchard (AUS)
15:15  Hamstring reattachment  Fares Haddad (UK)
15:30  Proximal hamstring avulsions in professional footballer  Bertrand Sonnery-Cottet (FRA)
15:45  Discussion
16:15  Break

Session 4
Foot and Ankle Tendons
Chairs: Antonio Delcogliano (ITA), Graham Smith (UK)
16:45  The footballer’s Achilles tendon  Francesco Benazzo (ITA)
17:00  Imaging and intervention in Achilles tendinopathy  Jerry Healy (UK)
17:15  Partial rupture and repair of the Achilles tendon  Mark Davies (UK)
17:30  Surgical treatments for ankle tendons  Sandro Giannini (ITA)
17:45  Strengthening the chain  Bill Knowles (USA)
18:00  Discussion
18:30  End of the session
Football Medicine Strategies for Muscle & Tendon Injuries

Scientific Programme
Saturday 20th April, 2013
The Queen Elizabeth II Conference Centre
CHURCHILL AUDITORIUM

Session 10
New Frontiers in Tendinous Interventions
Chairs: Thor Einar Andersen (NOR), Jonathan Bell (UK)
11:30 Ankle function is the key James Calder (UK)
11:45 Biotechnology in the healing of tendons Alberto Gobbi (ITA)
12:00 Preservation of the Achilles tendon Hakan Alfredson (SWE)
12:15 Shockwave therapy Furio Danelon (ITA)
12:30 Discussion
13:00 Break

Session 11
Imaging
Chairs: Mario Padron (ESP), James Brown (UK)
14:30 The possibilities in imaging for muscles and tendons Simon Blease (UK)
14:45 Groin pain and FAI imaging Mario Padron (ESP)
15:00 The role of ultrasound for the sports physician Pierpaolo Zunarelli (ITA)
15:15 Imaging and surgery Dimitrios Tsoukas (GRE)
15:30 Discussion
16:00 Break

Session 12
Upper Limb Injuries
Chairs: Simon Kemp (UK), Riccardo Minola (ITA)
16:45 Goalkeepers and the unstable shoulder Andrew Wallace (UK)
17:00 Tendon lesions and the healing process Alessandro Castagna (ITA)
17:15 Lessons from American Football Michael Axe (USA)
17:30 Shoulder tendons and PRP Pietro Randelli (ITA)
17:45 Discussion
18:30 End of the session
Football Medicine Strategies for Muscle & Tendon Injuries

Scientific Programme
Sunday 21st April, 2013

The Queen Elizabeth II Conference Centre
FLEMING ROOM

Session 5
PRP Therapy in Muscle and Tendon Injuries
Chairs: João Espregueira Mendes (POR), Claudio Zorzi (ITA)
8:30  Current scientific evidence  Nicola Maffulli (UK)
8:45  Clinical experience with footballers  Ramon Cugat (ESP)
9:00  PRP and exercises  Elizaveta Kon (ITA)
9:15  Discussion
9:30  End of the session

Session 6
Tendon Injury Interventions
Chairs: Paolo Adravanti (ITA), Tom Crisp (UK)
9:30  The history of interventions  Mike Hutson (UK)
9:45  The timing of interventions in elite football  Kristof Sas (BEL)
10:00  The management of tendon injuries  Lynn Snyder-Mackler (USA)
10:15  Exercise and conservative treatment in patellar tendon  Michele Gemignani (ITA)
10:30  Discussion
11:00  Break

Session 7
The Infrapatellar Tendon
Chairs: Nicola Maffulli (ITA), Maurilio Marcacci (ITA)
11:30  A clinical overview  Christian Schneider (GER)
11:45  Case studies from La Liga  Daniel Medina (ESP)
12:00  Rupture and repair  Stefano Zaffagnini (ITA)
12:15  Can they return to full function post surgery?  Andy Williams (UK)
12:30  Rehabilitation principles  Jon Fearn (UK)
13:15  Break

Session 8
Injuries to the Quadriceps Femoris Muscle Group
Chairs: Donato Rosa (ITA), Richard Higgins (UK)
14:30  Complex anatomy of kicking muscles  Alex Nieper (UK)
15:00  Return to training criteria  Luis Serratosa (ESP)
15:15  The treatment of a quadriceps tear  Marco Zanobbi (ITA)
15:30  Indications for surgery  Stefan Hinterwimmer (GER)
15:45  Conservative and surgical treatments  Andrea Ferretti (ITA)
16:00  Discussion
16:15  Break

Session 9
FIFA Medical Centres of Excellence - Case Reports
Chairs: Lars Peterson (SWE), Hakim Chalabi (QAT)
16:30  Italy  Matthew Stride (UK)
16:40  Belgium  Pieter D’Hooghe (BEL)
16:50  Czech Republic  Jiri Chomiak (CZE)
17:00  Qatar  Cristiano Eirale (QAT)
17:10  Germany  Werner Krutsch (GER)
17:20  Sweden  Magnus Forssblad (SWE)
17:30  Discussion
18:00  End of the session
Session 13
Lessons from Rugby
Chairs: Jesús Olmo Navas (ESP), Julian Widdowson (UK)

8:30 Experiences from the Southern hemisphere Craig Roberts (RSA)
Muscle injuries in Rugby and Football Gianluca Melegati (ITA)
9:00 Experience from the Six Nations Phil Batty (UK)
9:15 Discussion
9:30 End of the session

Session 14
Young Athletes
Chairs: Gary Lewin (UK), Steve Lewis (UK)

9:30 Young female football players Elvire Servien (FRA)
9:45 The young footballer Anita Biswas (UK)
10:00 Overuse injuries in young footballers Piero Volpi (ITA)
10:15 Discussion
10:45 Break

Session 15
Injury Prevention
Chairs: Mark Bender (UK), Gino Kerkhoffs (NED)

11:30 Injury prevention with the FIFA 11+ Nicolas Mathieu (SUI)
11:45 The prevention of recurring muscle injuries Kyriakos Tsapralis (ITA)
12:00 Perfecting the rehabilitation process Holly Silvers (USA)
12:15 The role of the chiropractor Franco Cento (ITA)
12:30 Discussion
13:00 Break

Session 16
The Spine and Muscular Injuries
Chairs: Charlotte Cowie (UK), Michael Mayer (GER)

14:30 Lessons from Track & Field Juan Manuel Alonso (ESP)
14:45 Prolongation in footballers Simon Petrides (UK)
15:00 The role of spinal stability and biomechanics in the prevention programme Clive Lathey (UK)
15:45 Soft tissue injuries of the spine Michael Mayer (GER)
16:00 Discussion
16:15 Break

Session 17
Physical Therapies for muscle & tendon injuries
Chairs: Nicola Phillips (UK), Nikos Tzouroudis (UAE)

16:30 The role of therapeutic exercises Karen Hambly (UK)
16:45 Physical therapies in rehabilitation Steve Kemp (UK)
17:00 Which modality to choose and when Phil Glasgow (UK)
17:15 Experiences from both South Africa and the UK Wayne Diesel (UK)
17:30 Discussion
18:00 End of the session
Parallel Events

University College London (UCL) Symposium
Chaired by Dr. Fares Haddad
This symposium will cover scientific topics such as muscle physiology, the genetics of tendinopathies & muscular injuries and perspectives from physical therapy. International experts from University College London will form part of the faculty.
Confirmed Speakers To Date: Steve Harridge, Hugh Montgomery, Bruce Paton.

ECOSEP Workshop on the Diagnosis of Hamstring Injuries
Chaired by Dr. Nikos Malliaropoulos
The European College of Sports and Exercise Physicians workshop will highlight the clinical approach of the Sports Medicine Doctor, focusing on hamstring injuries from the mechanism of the lesion to imaging and diagnosis.
Confirmed Speakers To Date: Carl Askling, Otto Chan, Kyriakos Tsapralis.

Italian Society of Muscles, Ligaments and Tendons
Chaired by Prof. Nicola Maffulli
This event, organised by I.S.Mu.L.T., will present a proposal of new classifications for muscle injuries. Further topics will include the treatment of rotator cuff tears, the use of Hyaluronic Acid and evidence for using MSCs in tendons.
Confirmed Speakers To Date: Michele Abate, Antonio Frizziero, Francesco Oliva.

Supporting Organisation

In 2013, BASEM will celebrate its 60th Year. Formed by a group of doctors, mostly those who were acting as medical advisers to the Governing Bodies of sport, the aim of the organisation has always been to support and promote the discipline of Sport and Exercise Medicine in the UK, especially through education. BASEM has many strong international relationships and is one of the core groups involved with the British Journal of Sports Medicine.
How You Can Get Involved

Our conference has always welcomed active involvement from professionals within the industry. The multidisciplinary nature of the event provides the perfect platform to present Free Oral Communications and Research Posters to your colleagues.

Oral Communications will take place in parallel halls over the whole weekend, and posters will be displayed for the full duration of the conference in a dedicated Poster area. Delegates will have the opportunity to view the posters and discuss them during the Poster Sessions.

All Scientific Contributions should be submitted to the Scientific Direction by way of Abstract by the 10th of January 2013. Summaries of all presentations will be included in the "Abstract Book" which is unique to our event and is distributed to all delegates.

For more information and abstract submissions, please contact the Conference Manager at the following email: congressi@isokinetic.com

Scientific Programme

Free Oral and Poster Sessions

Saturday 20th April, 2013

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<td>11:30-13:15</td>
<td>FREE ORAL</td>
<td>Orthopaedics</td>
<td>Case reports 1 (Tendons)</td>
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<td>14:30-16:15</td>
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<td>Modalities and rehabilitation</td>
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<td>Giulio Sergio Roi (ITA)</td>
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<td>16:45-18:30</td>
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<td>Case reports 2 (Muscles)</td>
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Sunday 21st April, 2013

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<td>Antonio Turmo (ESP)</td>
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Scientific Programme
Monday 22nd April, 2013
Wembley Stadium
Wembley Atrium & Royal Suite

8.30 Opening: welcome and introduction to the Summit
   Giulio Sergio Roi (ITA)

9:00 10:30 Loading patterns during training and games
   Chairs: Roy Hodgson (UK) - Ian Beasley (UK)

11:00 12:30 How to prevent fatigue in football: experience from across European clubs
   Chair: Marco Narici (UK)

12:30-13:30 Round Table: return to play after musculotendineous injuries
   Hosted by Gianluca Vialli.
   Panel composed of senior figures in club and international football
   (managers, current & former players, team doctors)

14:00-14:30 Lecture: FIFA F-MARC’s concept of prevention
   Jiri Dvorak (SUI)

14:45-16:15 On-field tricks for functional recovery
   Chairs: Bryan English (UK), Bill Knowles (USA)

16:15-17:45 On-field FIFA prevention programme
   Chair: Nicolas Mathieu (SUI)

17.45 End of the Summit
Our Story

Isokinetic’s Education & Research Department

The Education & Research Department, the body in charge of organising this event, represents the cultural heart of the Isokinetic Medical Group, continually updating medical practices. As a FIFA Medical Centre of Excellence, we have a common aim to promote research and scientific sharing throughout the Football Medicine Community. Isokinetic Medical Group’s research findings are actively shared with the global Sports Medicine Community, with the hope to improve athlete and patient care around the world.

The First Conference

The first edition of the International Conference on Sports Rehabilitation and Traumatology was organised along the shores of Lake Garda, Northern Italy, in 1992. Its goal was to bring together Sports Medicine professionals to discuss the most important and relevant topics related to athletes’ health. We have worked hard to ensure that the core values, team ethic, friendship, hospitality and open networking which was symbolic of the first conference has remained in all subsequent editions.

Embracing New Trends

In 2012, the Football Medicine Strategies conference broke down barriers to participation by offering a Live Online Streaming service, with delegates able to watch the event live from offices, clinics and universities around the world. This would be the first time that a Football Medicine conference was streamed online and would set the trend for future events.

The 2013 Event

In 2013 we will celebrate the 22nd edition of the conference and the second consecutive time it has been organised in London, with support from both The FA and F-MARC. Following the recent opening of the Isokinetic Medical Group’s first clinic outside of Italy, in the heart of London, we welcome friends and colleagues to join us for this special occasion.
The Last 3 Isokinetic Conferences

2010
XIX International Conference on Sports Rehabilitation and Traumatology

Functional Outcome. Optimizing Functional Outcome in Orthopaedic and Sports Traumatology

April 10-11th, 2010 - BOLOGNA
Convention Centre Trade Fair District

Number of registered participants
Bologna 2010 1316

Profile of participants
20 - 30 y.o. 20%
31 - 45 y.o. 62%
Over 45 18%
Professions
Doctors 55%
Physiotherapists 15%
Other (coaches, etc.) 30%
Origin
Italian Delegates 95%
International Delegates 5%
Countries Represented 12
Speakers and Free Communications
Free Oral Communications 69
Free Poster Communications 68

2011
XX International Conference on Sports Rehabilitation and Traumatology

Health for the Football Player

March 12-13th, 2011 - BOLOGNA
Convention Centre Trade Fair District

Number of registered participants
Bologna 2011 1745

Profile of participants
20 - 30 y.o. 22%
31 - 45 y.o. 66%
Over 45 15%
Professions
Doctors 54%
Physiotherapists 27%
Other (coaches, etc.) 19%
Origin
Italian Delegates 87%
International Delegates 13%
Countries Represented 34
Speakers and Free Communications
Free Oral Communications 55
Free Poster Communications 79

2012
XXI International Conference on Sports Rehabilitation and Traumatology

Football Medicine Strategies for Knee Injuries

April 21st-22nd, 2012 - LONDON
Stamford Bridge Stadium

Number of registered participants
London 2012 1105

Profile of participants
20 - 30 y.o. 28%
31 - 45 y.o. 52%
Over 45 21%
Professions
Doctors 51%
Physiotherapists 37%
Other (coaches, etc.) 12%
Origin
Italian Delegates 38%
International Delegates 62%
Countries Represented 63
Speakers and Free Communications
Free Oral Communications 58
Free Poster Communications 47
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<tr>
<th>Faculty Name</th>
<th>City/Country</th>
<th>Specialization</th>
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<tr>
<td>Abate Michele</td>
<td>Ancona (ITA)</td>
<td>Physiatrist, Centro Polispecialistico Villa Musone</td>
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<tr>
<td>Axe Michael</td>
<td>Newark (USA)</td>
<td>Orthopaedic Surgeon &amp; Clinical Professor, University of Delaware</td>
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<tr>
<td>Alfredson Hakan</td>
<td>Umea (SWE)</td>
<td>Orthopaedic Surgeon, Professor of Sports Medicine, Umea University. Board member of the Swedish Sports Medicine Society</td>
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<td>Alonso Juan Manuel</td>
<td>Madrid (ESP)</td>
<td>Sports Physician, Chief Medical Officer, IAAF and Royal Spanish Athletics Federation</td>
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<tr>
<td>Andersen Thor Einar</td>
<td>Oslo (NOR)</td>
<td>Sports Physician, Team doctor Norwegian Men's National Team. Medical director of The Norwegian FA Medical Clinic and Associate Professor, Oslo Sports Trauma Research Center, FIFA Medical Centre of Excellence</td>
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<tr>
<td>Askling Carl</td>
<td>Stockholm (SWE)</td>
<td>Sports Physician, Researcher and lecturer, Swedish School of Sport and Health Sciences and Department of Molecular Medicine and Surgery, Karolinska Institutet</td>
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<td>Axe Michael</td>
<td>Newark (USA)</td>
<td>Orthopaedic Surgeon &amp; Clinical Professor, University of Delaware</td>
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<td>Bahr Roald</td>
<td>Oslo (NOR)</td>
<td>Professor of Sports Medicine, Oslo Sports Trauma Research Center, Norwegian School of Sports Sciences. Chief Medical Officer and Department chair for Olympiatoppen, Department of Sports Medicine at the Norwegian Olympic Training Center</td>
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<td>Batty Phil</td>
<td>North Yorkshire (UK)</td>
<td>England National Rugby Team Doctor</td>
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<td>Beasley Ian</td>
<td>London (UK)</td>
<td>Sports Physician, Head of Medical Services, The FA Chief Medical Officer, The Royal Ballet</td>
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<td>Becton Jonathan</td>
<td>Kingston Upon Thames (UK)</td>
<td>Orthopaedic Surgeon, Orthopaedic Consultant at The New Victoria Hospital, Kingston</td>
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<td>Benazzo Francesco</td>
<td>Pavia (ITA)</td>
<td>Orthopedic Surgeon &amp; Professor, University of Pavia, Consultant to FC Internazionale and Italian Track &amp; Field</td>
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<td>Becton Mark</td>
<td>London (UK)</td>
<td>Consultant Physiotherapist, Clinical Director, Beyond Health, London</td>
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<td>Bianchedi Diana</td>
<td>Rome (ITA)</td>
<td>Sports Physician, Isokinetic Medical Group - FIFA Medical Centre of Excellence</td>
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<td>Biswas Anita</td>
<td>London (UK)</td>
<td>Consultant in Sport and exercise Medicine, English Institute of Sport, Bisham</td>
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<td>Blease Simon</td>
<td>London (UK)</td>
<td>Consultant Musculoskeletal Radiologist. Partner at Advanced Skeletal Imaging Partners</td>
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Boldrini Lorenzo
Milan (ITA)
Sports Physician, Isokinetic Medical Group - FIFA Medical Centre of Excellence

Bradshaw Chris
Geelong (AUS)
Sports Physician, Head of Sports Medicine, Geelong AFL, Sport and Exercise Medicine Physician, Olympic Park Sports Medicine Centre

Brotto Emanuele
Verona (ITA)
Sports Physician, Isokinetic Medical Group - FIFA Medical Centre of Excellence

Brown James
Leeds (UK)
Sports Physician, Clinical Director Health Partners Europe Ltd, Clinical Director Global Sports Medicine, Medical Consultant to the Northern Ballet Theatre Company

Brukner Peter
Liverpool (UK)
Sports Physician, Team Doctor, Australian Cricket Team

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Orthopaedic Surgeon, Adjunct Professor University of Milano Surgical Medical Science Department San Donato Policlinic
<table>
<thead>
<tr>
<th>Name</th>
<th>City</th>
<th>Profession and Roles</th>
</tr>
</thead>
<tbody>
<tr>
<td>Roi Giulio Sergio</td>
<td>Bologna (ITA)</td>
<td>Orthopaedic Surgeon, Head of the Rehabilitation Department, Sports Physician, Isokinetic Medical Group - FIFA Medical Centre of Excellence</td>
</tr>
<tr>
<td>Schneider Christian</td>
<td>Munich (GER)</td>
<td>Orthopaedic Surgeon &amp; Chief Physician, Munich-Harlaching Orthopaedic Clinic - FIFA Medical Centre of Excellence</td>
</tr>
<tr>
<td>Rosa Donato</td>
<td>Naples (ITA)</td>
<td>Orthopaedic Surgeon, University Federico II</td>
</tr>
<tr>
<td>Rogers Ralph</td>
<td>London (UK)</td>
<td>Consultant Sport &amp; Musculoskeletal Physician London</td>
</tr>
<tr>
<td>Serratosa Luis</td>
<td>Madrid (ESP)</td>
<td>Sports Physician, First Team Physician, Real Madrid FC</td>
</tr>
<tr>
<td>Silvers Holly</td>
<td>Santa Monica (USA)</td>
<td>Physical Therapist, Santa Monica Sports Medicine Foundation, US Soccer Federation Medical Team, FIFA Medical Centre of Excellence</td>
</tr>
<tr>
<td>Smith Graham</td>
<td>Glasgow (UK)</td>
<td>Physiotherapist, Professor and independent rehabilitation and sports injury consultant</td>
</tr>
<tr>
<td>Snyder Mackler Lynn</td>
<td>Newark (USA)</td>
<td>Professor in the Dept. of Physical Therapy, Academic Director of Biomechanics and Movement Science, University of Delaware</td>
</tr>
<tr>
<td>Tencone Fabrizio</td>
<td>Turin (ITA)</td>
<td>Consultant of Juventus FC - Sports Physician, Isokinetic Medical Group - FIFA Medical Centre of Excellence</td>
</tr>
<tr>
<td>Tseslou Dimitrios</td>
<td>Athens (GRE)</td>
<td>Orthopaedic Surgeon, Director Orthopaedic Sports Medicine Clinic Athens Medical Center, Director MIOSMED Center, Vice President Medical Committee Hellenic Volleyball Federation</td>
</tr>
<tr>
<td>Respizzi Stefano</td>
<td>Milan (ITA)</td>
<td>Physiatrist and Sports Physician, Head of the Education and Research Department, Sports Physician, Humanitas Clinic Institute of Milan</td>
</tr>
<tr>
<td>Roberts Craig</td>
<td>Durban (RSA)</td>
<td>Sports Physician, South African National Rugby Team Doctor</td>
</tr>
<tr>
<td>Rogers Ralph</td>
<td>London (UK)</td>
<td>Consultant Sport &amp; Musculoskeletal Physician London</td>
</tr>
<tr>
<td>Servien Elvire</td>
<td>Lyon (FRA)</td>
<td>Orthopaedic Surgeon, Knee &amp; Shoulder Surgery, Hopital de la croix-rousse Lyon University, FIFA Medical Centre of Excellence</td>
</tr>
<tr>
<td>Smith Graham</td>
<td>Glasgow (UK)</td>
<td>Physiotherapist, Professor and independent rehabilitation and sports injury consultant</td>
</tr>
</tbody>
</table>

### Medical Clinics and Centers

- Isokinetic Medical Group - FIFA Medical Centre of Excellence
- Humanitas Clinic Institute of Milan
- Centre Ortopedique Santy, FIFA Medical Centre of Excellence
- Isokinetic Medical Group - FIFA Medical Centre of Excellence
- FIFA Medical Centre of Excellence
- FIFA Medical Centre of Excellence
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International Conference on Sports Rehabilitation and Traumatology

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How to Join Us

The Queen Elizabeth II Conference Centre
Broad Sanctuary, Westminster, London SW1P 3EE

Wembley Stadium
Wembley, London HA9 OWS

Commercial Opportunities

The Scientific Director encourages commercial partners to participate in this event. Opportunities include exhibition booths, inserts in delegate bags and the sponsoring of conference sessions. Customised solutions also available.

Contributing to the culture of the conference by way of scientific content, we also encourage exhibitors and sponsors to submit both oral and poster presentations on topical issues and would support those looking to organise private workshops. The involvement of partner companies is fundamental to the success of this conference and with your contribution, many delegates will leave the event with new ideas to be implemented in the field.

For all those interested in the Exhibitor Information Pack, please contact the Conference Manager at the following email address: congressi@isokinetic.com.

Key Dates

- Deadline for abstract submission: 10th January 2013
- Notification to authors: 10th February 2013
- Deadline for early registrations: 1st February 2013
- Deadline to register online: 17th April 2013
Registration

For online registration please visit www.FootballMedicineStrategies.com and fill the form in the 2013 Conference Section.

<table>
<thead>
<tr>
<th>Registration Fees</th>
<th>By 1st February 2013</th>
<th>After 1st February 2013</th>
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</thead>
<tbody>
<tr>
<td>Both days + Summit</td>
<td>£ 375</td>
<td>£ 550</td>
</tr>
<tr>
<td>Single day (Saturday or Sunday)</td>
<td>£ 225</td>
<td>£ 275</td>
</tr>
<tr>
<td>Students both days + Summit</td>
<td>£ 200</td>
<td>£ 300</td>
</tr>
<tr>
<td>Student single day (Saturday or Sunday)</td>
<td>£ 100</td>
<td>£ 150</td>
</tr>
<tr>
<td>Only Summit on Monday</td>
<td>£ 75</td>
<td>£ 100</td>
</tr>
<tr>
<td>Students only Summit on Monday</td>
<td>£ 50</td>
<td>£ 75</td>
</tr>
</tbody>
</table>

The registration fee for participants includes:
- Admission to all scientific sessions
- Admission to the exhibition hall and networking area
- Admission to sponsored workshops (dependent on room capacity)
- Conference material (conference bag, abstract book & conference programme)
- Tea & coffee breaks
- Certificate of participation

Payment
Payment for the Conference can be made by Credit Card and Bank Transfer. All payments must reflect the registration option selected and deferred payments will not be accepted. Further information is available at www.FootballMedicineStrategies.com

Students
Students are entitled to a reduced fee. Valid certification by fax (+39 051 2986886) or by e-mail (congressi@isokinetic.com) is required.

Cancellation
If you need to cancel your registration, please notify us by fax (+39 051 2986886) or by e-mail (congressi@isokinetic.com). There is a refund of 70% of registration fee before 20th March 2013.

Official Language
The official language is English. Simultaneous translation is not provided.

Accommodation
Zibrant are the appointed booking agency for Isokinetic events taking place at The QEII Conference Centre and have negotiated special rates for you to book via their simple online booking tool. There are no hidden or additional fees for the booking. A form of guarantee will be required at the time of booking and payment will be required upon arrival/departure with the hotel.

Please see a list of hotels we are holding below and visit link to make your booking: http://link.zibrantallocations.com/tUnFq

<table>
<thead>
<tr>
<th>HOTEL</th>
<th>SPECIAL RATE (VAT and breakfast included)</th>
<th>WEB-SITE</th>
<th>DETAILS</th>
</tr>
</thead>
<tbody>
<tr>
<td>InterContinental Westminster</td>
<td>£282 Single/Double (Room Only)</td>
<td><a href="http://www.intercontinental.com">www.intercontinental.com</a></td>
<td>Brand New 5 star hotel and the closest to the QEIIICC</td>
</tr>
<tr>
<td>St. Ermins (Mgallery)</td>
<td>£204 Single £228 Double</td>
<td><a href="http://www.sterminshotel.co.uk">www.sterminshotel.co.uk</a></td>
<td>Recently renovated 4 star deluxe hotel located across from Scotland Yard - 5 minute walk from the QEIIICC</td>
</tr>
<tr>
<td>Park Plaza Westminster Bridge</td>
<td>£204 Single £216 Double</td>
<td><a href="http://www.parkplaza.com">www.parkplaza.com</a></td>
<td>4 star hotel located close to Waterloo Station - 5 minute walk across Westminster Bridge to the QEIIICC</td>
</tr>
<tr>
<td>Holiday Inn Express London Victoria</td>
<td>£145 Single/Double</td>
<td><a href="http://www.hiexpress.com/Victoria">www.hiexpress.com/Victoria</a></td>
<td>Budget hotel located close to Pimlico Station</td>
</tr>
<tr>
<td>The Rubens at the Palace</td>
<td>£210 Single £222 Double</td>
<td><a href="http://www.rubenshotel.com">www.rubenshotel.com</a></td>
<td>4 star deluxe boutique hotel located close to Buckingham Palace and Victoria Station</td>
</tr>
<tr>
<td>The Kensington Close Hotel</td>
<td>£130 Single £140 Double</td>
<td><a href="http://www.kensingtonclosehotel.com">www.kensingtonclosehotel.com</a></td>
<td>Close to High Street Kensington Tube Station. Direct route via Circle line to Westminster - 15 minutes</td>
</tr>
<tr>
<td>Apex Temple Court</td>
<td>£149 Single £159 Double</td>
<td><a href="http://www.apexhotels.co.uk">www.apexhotels.co.uk</a></td>
<td>Recently opened hotel close to Fleet Street. Catch the tube at Temple to Westminster in just 2 stops</td>
</tr>
<tr>
<td>Corus Hyde Park</td>
<td>£170.40 Single £182.40 Double</td>
<td><a href="http://www.corushotels.com">www.corushotels.com</a></td>
<td>Located close to Kensington Gardens and 1 minute walk to Lancaster Gate Tube Station</td>
</tr>
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