FOOTBALL MEDICINE – THE PLAYERS’ VOICES
Isokinetic Conference
Lyon 17-18-19 April 2021

Abstract Submission Guidelines
ORAL / POSTER PRESENTATIONS
The Conference is, above all, an opportunity for discussion and for the exchange of ideas and experiences.

For this reason anyone can participate at the Conference with a Oral or Poster Presentation that will be held in the parallel sessions of the Official Scientific Programme.

These sessions have been designed to unearth state of the art methods of treatment, new research or Case Reports of reference, related to Sports Medicine. As such, these Presentations form an integral part of the final Scientific value.

Each presentation will be included in the Conference Abstract Book, handed out to all participants during the conference, sold in specialised bookstores and online on Amazon. It is an excellent product that allows all participants to have a guide at hand to better follow the presentations given by all speakers.

We are confident from previous experience of editions of the Isokinetic Conference that the Abstract book will further feed the debate on Sport Medicine, Rehabilitation and Traumatology, and we thank in advance all the Authors who will contribute to the realisation of the 2020 Abstract Book.

To do so the Scientific Direction of the Isokinetic Conference needs to receive an Abstract of your Case Report.

Please follow the instructions explained on these Guidelines and use the 2021 Official Abstract Form (WORD VERSION)

The acceptance of the Abstract, the printing on the Final Programme and on the Abstract Book, will be subordinated to the payment of the registration fee.

The deadline for the submission of the Abstract is 10th January, 2021
ABSTRACT FORMAT

- The Abstract must be sent to the Conference Organiser conference@isokinetic.com together with a portrait picture (JPEG format) of the First Author.
- The Abstract has to deal with Sports Medicine.
- The Abstract that describes general topics, will not be considered.
- The Abstract regarding experiences or studies on animals, cells, tissues, reviews of literature, or theoretical protocols not supported by personal objective data will not be considered.
- The Abstract must be written in English.
- The Abstract must be original, not previously published and not previously presented in a congress, conference or similar meeting.

AUTHORS

All named Authors must have read, understood and agreed the submission rules and guidelines.

- An Author may submit a maximum of one (1) abstract as First Author. It is possible to appear as co-Author on other Abstracts.
- All named Authors must confirm that they have given due consideration to the protection of intellectual property associated with their work and that there are no impediments to publication in the abstract book of the Conference. In so doing they confirm that they have followed the regulations of their institutions concerning intellectual property.
- The Conference Organiser must receive a JPG portrait picture of the First Author that will be placed on the Abstract book, even if the Speaker will be different.
- The Speaker can be the First Author or one of the co-Authors.
- Absences in the final Scientific Programme are not permitted: the Speaker commits himself to attend the Conference. In case, substitutes of Speakers will be accepted in any time.
**ABSTRACT REVIEWING / ACCEPTANCE**

**BY 15th - 28th February 2021**

**By 15th – 28th February 2021**, information will be provided regarding the acceptance of the presentation, along with the final programme of the event.

The Author may state preference for the type of presentation (oral or poster), however the final decision lies upon the Scientific Direction, depending on the structure of the Sessions of the final Scientific Programme.

If not in the Oral sessions, the abstract will be moved to a Poster session.

In case of request of VISA, the Scientific Secretariat needs to receive the confirmation of the VISA before confirming the acceptance in the Scientific Programme.

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**REGISTRATION**

**DEADLINE 1st March 2021**

The acceptance of the Abstract, the print on the Final Programme and on the Abstract Book, will be subordinated to the payment of the registration fee.

- The Speaker must complete his registration by the **1st March 2021**. After this deadline, abstracts will be rejected.
- In case of absence at the Conference please inform the Scientific Secretariat as soon as possible.
- In case of absence, substitutes of Speakers will be accepted in any time. In case of absence without a substitute, the registration fee will not be refunded.
HOW TO FILL THE ABSTRACT FORM

Please use the 2021 Official Abstract Form (WORD VERSION)

Title
The title must be brief and specific, maximum 80 characters in capitals. The title has to reflect the paper content and must not include abbreviations.

Authors
Write the entire surname followed by the initial(s) of the name, without titles.

Affiliation
The affiliation for every Author must be indicated: workplace, city, country. Please avoid long, multiple and unnecessary affiliations.

Topic
The topics of the Oral and Poster Presentations:

Basic Sciences and Regenerative Medicine
Biomechanics
Case reports
Epidemiology
Female sports players/athletes
Functional Assessment
Joint Injuries
Medical Issues
Muscle and Tendon Injuries
Neuromotor training and re-training
Orthopedic Surgery
Outcomes
Prevention
Psychology
Reconditioning
Referees
Rehabilitation
Youth sports players/athletes

Preference
You can choose which form of Presentation to submit (ORAL/POSTER).

Text
- The minimal length for the text is 2500 characters spaces included, the maximal length for the text is 4000 characters spaces included.
- Abstracts with expressions such as “results will be discussed during the presentation”, or “results will be presented”, will not be accepted.
- The title has not to be repeated in the text.
- The Scientific Direction suggests following the structure: Introduction and Purpose, Methods, Results, Conclusions, References
- All abbreviations must be explained.
- The abstract must include specific information about the anthropometrical characteristics of the subject(s), the gender, the role/position of the player(s) and the level of play.
- Specify the commercial name and the company (with city and Country) for every instrument or device eventually utilised.
- Specify diagnosis, surgical or conservative treatment, rehabilitation and reconditioning programs.
- Add Objective criteria used during the recovery process decision.
- Include the numeric results obtained with every instrument or device utilised.
- Results should include numbers, time to return to play and a follow-up.
- When possible apply statistics (e.g. descriptive statistics as average±SD or SE).
- Include the conclusions of the investigation.
- Include a maximum of two tables, or one graph of picture, or one diagram (which will all be printed in black-and-white) respecting the maximal length of the text.

References
- Include a maximum of three (3) references at the end of the text. List the references and number them in alphabetical order according to the last name of the first author.
- All the last names and the initials of the first name (s) of the Authors should be cited.
- Journal title abbreviated according to the List of Title Word Abbreviations Author(s).
  Article title. Journal title Year; Volume(issue): pag-pag
- Each reference should appear in the text with a number within parentheses.
PRESENTATION FORMAT

Oral Presentation requirements:
• 8 minutes of presentation + discussion at the end of each session
• Slides in English
• Slides in PowerPoint format (for other format please contact the Conference Organiser)
• Presentation uploading at the Technicians Point at least two hours before the beginning of the session
• The Author must speak in English

Poster Presentation requirements:
• Printed and provided by the Author in Vertical format: size 80 cm width, 120 cm height
• Written in English
• Put in the proper place, following the poster’s code assigned by the Scientific Direction: before 10:00 of Saturday and removed after 14:30 of Sunday
• Orally presented during the Poster sessions (3-5 minutes of speech) according to the Final Scientific Programme
• The Author must speak in English

REFERENCE DATES

The Scientific Secretariat will manage all the information by e-mail, so please be sure to use a valid e-mail address.

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<td>By 1st March 2021</td>
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SCIENTIFIC SECRETARIAT
Cristina Zanetti
Isokinetic Conference
conference@isokinetic.com
www.footballmedicinestrategies.com
You don’t need to send this checklist to the Scientific Direction: just use it to check the status of your work

Title
- Brief and specific
- Maximum 80 characters in capitals
- Without abbreviations

Author(s)
- Entire surname followed by the initial(s) of the name(s), without titles

Affiliation(s)
- Workplace, City, Country
- Long, multiple and unnecessary affiliations were avoided

Topic
- My Abstract deals with different sports player/athlete

Preference
- I have chosen the preferred type of presentation (Oral/Poster)

Text
- The minimal length of my abstract is 2500 characters, the maximal length is 4000 characters, spaces included
- All abbreviations are explained
- For every instrument or device utilized and cited I have specified within brackets the commercial name and the company, with city and Country
- Diagnosis, surgical or conservative treatment, rehabilitation and reconditioning programs are specified in detail
- I included the results for every instrument or device utilized and cited in the Methods
- Results include numbers, time to return to play and if possible, a follow-up
- Results include descriptive statistics as average±SD or SE or other statistical analysis
- I included a maximum of two tables, or one graph, or one diagram in black-and-white
- Expressions such as “results will be discussed during the presentation”, or “results will be presented”, are avoided
- I included a maximum of three references that appears in the text with a number within parentheses
- Journal titles are abbreviated according to the List of Title Word Abbreviations
- References are cited in accordance with: Author(s). Article title. Journal title Year; Volume(issue): pag-pag
FOOTBALL MEDICINE – THE PLAYERS’ VOICES
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Abstract Submission Guidelines
CONTEST “BEST CASE REPORT AWARD”
THE CONTEST “BEST CASE REPORT AWARD”

Injuries turn into stories

Narrative Medicine teaches us that clinical pearls can be memorable if attached to real events or an actual person. Clinicians enjoy reading case reports and find them helpful in everyday practice. The Best Case Report Award, is an opportunity for you to share with international colleagues, the experience learned from one of the patient you have accompanied from the moment of trauma to the time of return to play.

HOW TO PRESENT THE STORY
Share the experience you have learned from your case report: a patient you have followed from injury to the return to play.

Narrative Medicine aims to address the relational and psychological dimensions that occur in tandem with physical illness, with the perspective to treat patients as humans with individual stories. We are not interested just in the clinical side of the story but also in human aspects.

Sports physicians, physiotherapists, fitness coaches and young researches: You all have a story to tell.

THE SELECTION and FINAL PHASES
All the abstracts participating in this process will be reviewed by four Judges of the Scientific Committee, which will assign a score to each one of them considering: narrative medicine, information presented in a logical sequence, appropriate for the sports medicine topic, objective criteria used during the recovery process and relevance for return to play. Only the best fourteen (14) abstracts will be accepted for a podium presentation in the finals during the Conference. Four Judges will chair the final phase, they will decide the final ranking considering: the quality of the presentation, conclusion supported by results, take home message and ability to answer questions professionally.

The acceptance of the Abstract, the printing on the Final Programme and on the Abstract Book, will be subordinated to the payment of the registration fee.

To do so the Scientific Direction of the Isokinetic Conference needs to receive an Abstract of your Case Report.

Please follow the instructions explained on these Guidelines and use the 2021 Official Abstract Form (WORD VERSION)

The deadline for the submission of the Abstract is 10th January, 2020

The 1500€ (first prize), 1000€ (second prize), 500€ third prize Awards; will be assigned by the Judges in a dedicated ceremony. The winner of the first prize will be also invited to be an official speaker in the next edition of the Isokinetic Conference.
ABSTRACT FORMAT

• The Abstract must be sent to the Conference Organiser conference@isokinetic.com together with a portrait picture (JPEG format) of the First Author.

• The Abstract should only describe a personal experience, as a single Case Report about any sport.

• The Abstract must be written in English.

• The Abstract must be original, not previously published and not previously presented in a congress, conference or similar meeting.

AUTHORS

All named Authors must have read, understood and agreed the submission rules and guidelines.

• It is not possible to appear as First Author or Co-author on more than one abstract participating in the Contest.

• It is possible to be the First Author or a Co-Author in other abstracts submitted for Oral or Poster Presentations.

• Three (3) is the maximum number of allowed Authors of an abstract participating in the Contest.

• All named Authors must confirm that they have given due consideration to the protection of intellectual property associated with this work and that there are no impediments to publication in the abstract book of the Conference. In so doing they confirm that they have followed the regulations of their Institutions concerning intellectual property.

• The Speaker must be the First Author: if this is not possible it will be taken into account in the final score.

• Invited Speakers and Senior Chairmen included in the Official Faculty of the Conference cannot appear as First Author of an abstract participating in the Contest.
ABSTRACT REVIEWING / ACCEPTANCE

BY 15th - 28th February 2021

By 15th - 28th February 2021, information will be provided regarding the acceptance of the presentation, along with the final programme of the event.

If not involved in the Final Phase, the abstract will be moved to a Poster session.

In case of request of VISA, the Scientific Secretariat needs to receive the confirmation of the VISA before confirming the acceptance in the Scientific Programme.

REGISTRATION

DEADLINE 1st March 2021

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- The Speaker must complete his registration by the 1st March 2021. After this deadline, abstracts will be rejected.
- In case of absence at the Conference please inform the Scientific Secretariat as soon as possible.
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Title
The title must be brief and specific, maximum 80 characters in capitals. The title has to reflect the paper content and must not include abbreviations.

Authors
Write the entire surname followed by the initial(s) of the name, without titles.

Affiliation
The affiliation for every Author must be indicated: workplace, city, country. Please avoid long, multiple and unnecessary affiliations.

Topic
The work shall deal only with personal experience, in the form of a single case report.

Preference
Choose the type of presentation “Contest”

Text
The minimal length for the text is 2500 characters spaces included, the maximal length for the text is 4000 characters spaces included.
We remind that the Case Report must be described using the narrative medicine approach. Narrative Medicine aims to address the relational and psychological dimensions that occur in tandem with physical illness, with the perspective to treat patients as humans with individual stories, rather than simply the symptoms displayed on their medical chart. We are not interested just in the clinical side of the story but also in human aspects.

More suggestions below:
• All abbreviations must be explained.
• The abstract must include specific information about the anthropometrical characteristics of the subject, the gender, the role/position of the player and the level of play.
• Specify the commercial name and the company (with city and Country) for every instrument or device eventually utilised.
• Specify diagnosis, surgical or conservative treatment, rehabilitation and reconditioning programs.
• Add objective criteria used during the recovery process.
• Include the numeric results obtained with every instrument or device utilised.
• Include a maximum of two tables, or one graph of picture, or one diagram (which will all be printed in black-and-white) respecting the maximal length of the text.

References
• Include a maximum of three (3) references at the end of the text. List the references and number them in alphabetical order according to the last name of the first author.
• All the last names and the initials of the first name(s) of the Authors should be cited.
• Journal title abbreviated according to the List of Title Word Abbreviations Author(s).
  Article title. Journal title Year; Volume(issue): pag-pag
• Each reference should appear in the text with a number within parentheses.
PRESENTATION FORMAT

Contest Presentation requirements:
- 10 minutes of presentation + 2 minute of discussion
- Slides in English
- Slides in PowerPoint format (for other format please contact the Conference Organiser)
- Presentation uploading at the Technicians Point at least two hours before the beginning of the session
- The Author must speak in English

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### Author(s)
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### Affiliation(s)
- Workplace, City, Country
- Long, multiple and unnecessary affiliations were avoided

### Topic
- My Abstract deals with different sports player/athlete

### Preference
- I have chosen the preferred type of presentation (Contest)

### Text
- The minimal length of my abstract is 2500 characters, the maximal length is 4000 characters, spaces included
- For the description of the Case Report I used the narrative medicine approach
- I have focused on the relational, psychological and human aspects.
- All abbreviations are explained
- For every instrument or device utilized and cited I have specified within brackets the commercial name and the company, with city and Country
- Diagnosis, surgical or conservative treatment, rehabilitation and reconditioning programs are specified
- I included the results for every instrument or device utilized and cited in the Methods
- Results include numbers, time to return to play and if possible, a follow-up
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